

DRINK AND GROW FAT.

It Does Not Take Long to Sharpen the Appetite.

(Special to STATE CHRONICLE.)

JACKSON SPRINGS, July 17, '91.

I am again at Jackson Springs, the same old spring that has been known and appreciated by a few persons for well on to a century, but has never until recently, been placed before the public as one of the best health-giving fountains in the State. It is the same old rock with a basin holding about a quart, but forever flowing, and furnishing an inexhaustible supply of water. The aphorism is "laugh and grow fat." Here it is drink and grow fat, and some of them grow fat; their avoirdupois increases daily.

This spring has long been placed at great disadvantage, being remote from the railroads, and having very limited accommodations. These are now largely overcome. The Aberdeen and West End railroad runs within four miles of the spring, and a hack from the spring makes daily connection with the train at West End.

A large hotel has been erected, and is now in charge of McPherson and Thompson, proprietors, which affords accommodations equal to any reasonable demand, and probably equal to those furnished by the most extensively known and best equipped watering places in the State.

The visitors are here, crowds of them, and they are coming every day. I have a friend here, his first visit, who says he was induced to come this way from certain certificates read by him in your advertising columns, furnished by several ministers. He is an old dyspeptic, and seeks relief. But the water has already so sharpened his appetite, and Mr. McPherson, manager, places before him so many tempting dishes that in his particular case I despair of a speedy and permanent cure.

And I now advertise him, if his most sanguine expectations should not be realized, to charge it up to the account of hotel dining room, late hours, hazel eyes, enchanting music, anything, with the single exception of the water and preachers' certificates.

S. D. A.

TEACHERS' INSTITUTES.

Times and Places, and Conductors For the County Institutes.

Prof. E. A. Alderman and P. P. Claxton.

Swain, August 3.
Graham, August 10.
Cherokee, August 17.
Clay, August 24.
Macon, August 31.

Prof. Alex. Graham and E. L. Hughes.

Cleveland, July 13.
Mecklenburg, July 20.
Gaston, July 27.
Cabarrus, August 3.
Davidson, August 10.
Stanley, August 17.
Montgomery, August 24.
Moore, August 31.

Prof. J. Y. Joyner and R. W. Kennedy.

McDowell, July 13th.
Mitchell, 20th.
Yancey, 27th.
Henderson, August 3rd.
Transylvania, 10th.
Polk, 17th.

Prof. C. D. McIver and Wife Mrs. McIver.

Lincoln, July 13th.
Buncombe, 20th.
Burke, 27th.
Catawba, August 3d.
Stokes, 10th.
Surry, 17th.
Yadkin, 24th.
Davie, 31st.

Prof. M. C. S. Noble and E. P. Moses.

Wilkes, July 13th.
Alexander, 20th.
Caldwell, 27th.
Watauga, August 3d.
Ashe, 10th.
Alleghany, 17th.
The Institutes will be held at the respective county seats.

If you are troubled with Dyspepsia, Stomach Disorder, or Liver and Kidney Complaint, try P. P. P. It expels disease, and gives healthy action to every organ.

Young Mothers!

We Offer You a Remedy which Insures Safety to Life of Mother and Child.

"MOTHER'S FRIEND"

Keeps Confinement of its Pain, Horror and Risk.

After using one bottle of "Mother's Friend" I suffered but little pain, and did not experience that weakness afterward usual in such cases.—Mrs. Anna Gage, Lumberton, N. C., Jan. 15th, 1891.

Sent by express, charges prepaid, on receipt of price, \$1.50 per bottle. Book to Mothers mailed free.

BRADFIELD REGULATOR CO.,

ATLANTA, GA.

SOLD BY ALL DRUGGISTS.

—ELY'S CREAM BALM—Cleanses the Nasal Passages, Alleviates Pain and Inflammation, Heals the Sores, Restores Taste and Smell, and Cures

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R. B. RANEY, Proprietor.

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Rates \$2.50 per day. \$10.50 to \$15.00 per week.

HOTEL FLORENCE.

T. G. JARRINGTON, Manager.

Raleigh, N. C.

Rooms, with meals at the Yarbrough House, \$2.00 per day, \$10 per week.

Special rates to lawyers attending Supreme Court.

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